



## 9th Holmes High School Football Important Information



### Football Program Policies Overview

#### IN-SEASON/OUT OF SEASON Practice:

- Our Freshman ATHLETIC PERIOD will be 3rd period. 9th will practice during the period and after school on Mondays - Wednesdays from 4:30-5:15 pm. **NO PM Practice on Varsity Game Days**
- In the offseason the Freshman will workout during the Athletic Period and expected to workout after school until 5:30, unless they are in a 2nd sport.
- Our weight room and fields are available until 5:30, Monday thru Thursday, all football players are strongly encouraged to use this time. During Track season, all football players will be strongly encouraged to participate, if they are not in Basketball, Soccer or Baseball.

#### Practice Attendance: (Monday - Friday) \* Varsity (Pep Rally Included)

- Absence = No Play 1 QTR
- 2 Absence = No Play ½ Half a game
- 3 + = No Dress, Travel, or Play
- All conditioning part of the workout missed, must be made up on the first available day after an excused or unexcused absence.
- Vacations- Football begins at the beginning of August and therefore advise for all vacations to be taken from June- July so that the kids do not miss any instruction. **(Please email if needed)**
- We will practice in the AM, on all School Holidays (Subject to change)

#### Academic Plan (Grade Check every Thursday Prior to game the following week)

1. 75 - 100 = Play (no penalty)
  2. 74-70 = No Play 1 QTR
  3. 69- Below = No Play ½ Half a game
    - a. NO PASS/NO PLAY AT UIL 6 & 9 WEEK GRADING PERIOD
    - b. AP/HONOR COURSES = 10 POINTS ADDED
- Chain of Command - Position Coach – Coordinator – Head Coach

#### Equipment Needed:

- **Athletic Attire:**
  - Players will be provided shorts and shirts to begin the school year.
  - Cleats- must be school colors (Green, Gold) or neutral color (Black, White, Gray)
    - ANY CLEAT COLOR COMBINATION THAT IS NOT BASIC, MUST BE APPROVED BY COACH PADILLA
  - Girdles will be provided; however, a player is welcomed to bring their own.  
Five Pad Girdle – any color. White or Black preferred.
- **Special Football Gear:**
  - All face shields must be approved by our athletic trainers. (They must be clear)
  - All back plates or rib protectors are issued by our coaching staff or must be approved by Coach Padilla or Training Staff.
  - Helmets, Shoulder Pads must be approved by Coach Padilla and release of liability must be signed by the parents.
  - Mouth pieces will be provided.

**(We supply all the equipment listed and therefore you do not need to purchase personal equipment)**



### Personal Grooming:

Unconventional colored, multi-colored or Mohawk (spiked) hairstyles are not permitted. No special marking or designs on hair. Hair cannot be so long that the helmet becomes unsafe. Solid Black Skull Caps will be allowed. **Earrings are not allowed at any Practice, Workouts, Locker-room, Weight Rooms, gyms, game days, or anytime representing the Huskies.**

### Activity Fee (Meal Plan): Not required

- Freshman Meal Plan - \$25 for all 5 games. Home and Away. 5 meals will be provided on non-Saturday Games.
  - **Scrimmages not included. Meals will be provided before and after the Laredo Alexander game.**
- We will order a chick fil a sandwich, fruit, Gatorade or water. The cost is \$5 a meal.
- Collection will begin on Friday & Saturday August 4<sup>th</sup> & 5<sup>th</sup> on Picture Day & Parent Meeting Day

### Practice Times during the school year (Subject to Change):

- **Freshman Football Practice week of July 31 – Aug. 5th.**
  - July 31-Aug 3. Practice will be from 7 am to 8:45. Be on campus by 6:30 am. Get picked up by 9:15
  - Aug 4. Practice will be from 7:00 am to 8:00 am. **Individual Pictures will be taken at 8:30**
  - **Aug 4 - PLAYERS ONLY Mandatory Fundraiser Meeting on Friday Aug 4 at 10:30 am**
  - Aug 5. Intrasquad Scrimmage 7:30 am to 8:30 am (May stay until 11 am meeting)
  - **Aug 5th - All Level Football Parent and Player meeting at 11 am @ Holmes HS Auditorium.**
- **Freshman Football Practice week of August 7 – 11 in the AM. (SUBJECT TO CHANGE)**
  - Aug 7-Aug 9 . Practice will be from 7 am to 8:45.
  - **August 9th, NSITE Freshman Leadership Academy (fish camp for NSITE) (NSITE ATHLETES RELEASE TBA)**
  - Aug. 10 Practice 7 am - 8 am
  - Aug. 11 Scrimmage Somerset HS at Somerset 8 am. Bus leaves Holmes at 6:30 am
- **Freshman Football Practice week of August 14 – 18 in the AM. (SUBJECT TO CHANGE)**
  - Aug. 14- Aug 16th . Practice will be from 7 am to 8:45 (Prep Days after Practice)
  - Aug. 16th Holmes Prep Days **A - L (8:30 am-11:30 am)/M - Z (1:00 pm-4:00 pm)**
  - Aug 17. Practice will be from 7 am to 8:15
  - **Aug 17th Holmes Fish Camp 9 am to noon (All 9th are expected to attend)**
  - **Aug 17th NSITE 9 am - 11 am (9th only need to attend if they miss Aug 9th Leadership Camp)**
  - Aug 18th . Scrimmage vs Southwest HS at Gustafson Stadium 8 am. Bus leaves Holmes at 7:00 am.
- **Freshman Football Practice week of August 21 – 25 in the AM. (SUBJECT TO CHANGE)**
  - **TEACHER INSERVICE WEEK**
  - Aug 21-22 . Practice will be from 6:30 am to 7:45
  - Aug 23. NO PRACTICE
    - **Meet the Huskies in the Holmes Auditorium - 6:00 pm to 7:00 pm**
    - **9th REPORT TIME IS 5:00 pm TO PICK UP JERSEYS**
    - **Open House - 7:00 pm - 8:00 pm (Campus)**
  - Aug 24 - Game at Laredo Alexander 4:30. Bus Departs at 12 pm (subject to change)



### Freshman Football Camp

Camp: July 24th – 26th

Incoming 4th- 9th Grade Camp

Time: 8:00 am - 10:30 am

- Equipment for incoming 9<sup>th</sup> graders will be issued at camp.
- **Drop Off/Pickup Location** - Players can be dropped off and picked up by the parking lot area near the football field.
- **Freshman Football Practice** begins July 31st- August 3rd from 7 am to 8:45 on the field. If you did not get equipment, then be at Holmes by 6:30 am for equipment on July 31.
- Parents: Players should be dropped off at Holmes at least 30 min before and can be **picked up 30 min from the stands near the football field.**

## Camp

### 2023

**HUSKY FOOTBALL CAMP**

|  |  |  |  |   |
|--|--|--|--|---|
| <b>WHO:</b><br>INCOMING<br>4TH -<br>9TH<br>GRADERS<br>ONLY | <b>WHEN:</b><br>JULY<br>24TH -<br>JULY<br>26TH<br>2023 | <b>WHERE:</b><br>HOLMES<br>HIGH<br>SCHOOL<br>FOOTBALL<br>FIELD | <b>TIME:</b><br>8:00AM<br>-<br>10:30AM | <b>PRICE:</b><br>\$45 PER<br>ATHLETE OR<br>\$30<br>SIBLINGS |
|--|--|--|--|---|

**FOR MORE INFORMATION PLEASE VISIT**  
[HOLMESHUSKIESATHLETICS.WEBLY.COM/SUMMER-CAMPS.HTML](http://HOLMESHUSKIESATHLETICS.WEBLY.COM/SUMMER-CAMPS.HTML)





## Freshmen A (Green)/B (Gold)

| Day   | Date       | Opponent            | Site            | Time A/B            |
|-------|------------|---------------------|-----------------|---------------------|
| Fri   | 8/11/2023  | \$Somerset HS\$     | Somerset HS (V) | 8:00 AM             |
| Fri   | 8/18/2023  | \$Southwest HS\$    | Gus Stadium (H) | 8:00 AM             |
| Thurs | 8/24/2023  | Laredo Alexander HS | Johnson SAC (V) | 4:30 PM             |
| Sat   | 9/2/2023   | Macarthur HS        | Holmes HS       | 9:00:00 AM/10:30 AM |
| Sat   | 9/9/2023   | Warren HS*          | Holmes HS       | 9:00:00 AM/10:30 AM |
| Thurs | 9/14/2023  | Stevens HS*         | Stevens HS      | 4:30:00 PM/6:00 PM  |
| Sat   | 9/23/2023  | Sotomayor HS*       | Holmes HS       | 9:00:00 AM/10:30 AM |
|       |            | <i>Bye Week</i>     | <i>Bye Week</i> |                     |
| Sat   | 10/7/2023  | John Jay HS **      | John Jay HS     | 9:00:00 AM/10:30 AM |
| Thurs | 10/12/2023 | Harlan HS*          | Holmes HS       | 4:30:00 PM/6:00 PM  |
| Thurs | 10/19/2023 | Taft HS *           | Taft HS         | 4:30:00 PM/6:00 PM  |
| Thurs | 10/26/2023 | Brennan HS*         | Holmes HS       | 4:00:00 PM/5:30 PM  |
| Thurs | 11/2/2023  | O'Connor HS*        | O'Connor HS     | 4:00:00 PM/5:30 PM  |

SPORTSYOU IS OUR PRIMARY COMMUNICATION TO PARENTS AND ATHLETES  
PLEASE FEEL FREE TO SHARE



You've been invited to join

### 2023 Incoming 9th Grade Football

Use your **unique access code** below and follow the instructions.

#### Access Code

# YZZP-JTDF

#### Join via Website

##### New Users

1. From your computer, phone, or tablet, visit [sportsyou.com](https://sportsyou.com)
2. Click **Get Started** and enter your email
3. Go to your email and click **Confirm Your Email**
4. Click **Enter Access Code** to enter code, then finish setting up your account

##### Existing Users

1. From your computer, phone, or tablet, go to [sportsyou.com](https://sportsyou.com) and log in
2. In left column, click **Join Team/Group**.
3. Click **Enter Access Code** to enter code, then **Join Team** or **Join Group**

#### Join via App

##### New Users

1. On mobile device download **sportsYou** app from the **App Store** (iOS) or **Google Play Store** (Android)
2. Open the sportsYou app and tap **Create Account**
3. Tap **Enter Access Code** to enter code, then finish set up

##### Existing Users

1. On mobile device log in
2. In bottom tray, tap **Teams/Groups**
3. Tap **blue +** button, then tap **Join Team/Group**
4. Enter access code and click **Join**